



Family Support Service

Nurture Programme Parenting group

The Nurture Programme is a 10-week parenting group for parents that aims to empower parents to:

- build positive relationships
- encourage co-operative behaviour
- develop resilience, empathy, and self-esteem in themselves and their children.

Places must be booked prior to the course starting.

To register for the programme please email, phone or scan the QR code.



Get in touch



01296 383293



earlyhelpduty@

buckinghamshire.gov.uk



Aylesbury
Thursdays

11 January to 21 March
12:30noon to 2:30pm



High Wycombe
Thursdays

11 January to 21 March
10am to 12noon



Amersham
Tuesdays

16 January to 26 March
10am to 12noon

For more information please visit
familyinfo.buckinghamshire.gov.uk/familysupport



**SCAN
ME** 

EarlyBird Plus programme



To find out more visit:
www.autism.org.uk/earlybird

Buckinghamshire Council Parent Information



Join the National Autistic Society's EarlyBird Plus programme to understand more about autism and how you can support your child.

EarlyBird Plus is an eight week programme designed for the families and settings of primary school aged children with a diagnosis of Autism or those with needs identified as Autism, where a diagnostic assessment has not been undertaken.

Sessions are designed for settings to attend alongside parents and are based on a group learning approach whereby parents, professionals and trainers share experiences and strategies. The course aims to:

- Equip parents and carers to develop a greater understanding of their child's needs.
- Develop a consistent approach across settings (home and school).
- Empower parents and professionals to understand more about autism and the needs of the autistic children they support.

Sessions run in Aylesbury on Monday Mornings (9.30-12pm). The course includes topics such as:

- Understanding and Supporting Sensory Differences
- Understanding and Supporting Communication Differences
- Understanding and Interpreting Behaviour

There are also two individual family sessions for parents to discuss any particular issues and enable approaches to be personalised for their child with the course leaders.

Cohorts will run termly starting in September, January and April. Cohort sizes are limited, families not allocated to a particular cohort will be offered future dates and we shall therefore, hold personal data for this purpose. Families are not charged for attending the course although we will ask for a voluntary contribution towards refreshments.

Referrals*: With parental agreement School SENCo's can make referrals to this programme.

**If any further information is required, please do not hesitate to contact us on
01494 475199 or sts@buckinghamshire.gov.uk.**

*Please note, when a referral is made all data will be held securely in accordance with relevant data processing regulations. All information submitted will be stored electronically and will be treated as confidential. Personal details will only be used for the purpose of allocating places on the EarlyBird Programme.